



- ▶ Make paper airplanes
- ▶ Take a walk
- ▶ Bake something
- ▶ Learn a magic trick
- ▶ READ
- ▶ Play cards
- ▶ Do a puzzle
- ▶ Write a story
- ▶ Have a tea party
- ▶ Listen to an audiobook
- ▶ Draw a treasure map
- ▶ Have a scavenger hunt
- ▶ Make an obstacle course
- ▶ Learn to sew
- ▶ Make up your own holiday
- ▶ Clean your room
- ▶ Listen to music
- ▶ Plant seeds
- ▶ Try a new food
- ▶ Have a tea party
- ▶ Put on a play
- ▶ Have a dance off
- ▶ Practice Yoga
- ▶ Observe nature
- ▶ Help with chores
- ▶ Build a fort
- ▶ Make playdoh or slime
- ▶ Build with blocks or legos
- ▶ Blow bubbles
- ▶ Have a silly race
- ▶ Draw with chalk
- ▶ Paint a picture
- ▶ Pretend to be animals
- ▶ Finger paint
- ▶ Take a bubble bath
- ▶ Tell silly stories
- ▶ Make a family newspaper
- ▶ Paint rocks or seashells
- ▶ Build something
- ▶ Jump rope or hula hoop
- ▶ Paint your nails
- ▶ Play dress up
- ▶ Have an indoor picnic
- ▶ Write a poem
- ▶ Make shadow puppets
- ▶ Watch the stars
- ▶ Draw a self portrait
- ▶ Have a pillow fight
- ▶ Play board games
- ▶ Write a letter to a celebrity
- ▶ Make & send a card
- ▶ Make a collage

Screen Free Ideas for Kids

